



Family Connect

Child, Youth and Family Support

Program Details

Family Connect is a voluntary, early intervention program that provides support to families with children 7-17 years old to strengthen family functioning. Parents are supported to create a nurturing and safe family environment, build resiliency within themselves and their children, build new social connections, and learn about positive parenting and child development. Families can participate in the program for up to three years.

Free Services

All services offered as part of the Family Connect are completely free.

- Supportive counselling and goal setting
- In-home support
- Parent education
- Family interactive programming and activities
- Personal and family advocacy
- Information and referrals to additional resources



**YMCA of
Northern Alberta**

To access the Family Connect

Call 780 377-3730 to set up an appointment.

Diversity Statement

The YMCA is an inclusive, charitable organization that values diversity.

YMCA Family Violence Statement

The YMCA believes that violence in any relationship is unacceptable and that everyone exposed to family violence is impacted including unborn babies, children, youth and adults. We also believe that everyone has the capacity for change and growth and we will support anyone in an abusive relationship to get the help they are looking for.

YMCA of Northern Alberta creates life-enhancing opportunities for the growth and development of all people in spirit, mind and body.

Call 780-377-3730 or email
HUBinformation@northernalberta.ymca.ca
to set up an appointment.

northernalberta.ymca.ca

